

"An important topic and an inspiring personal story."
- Colleen Barrett, President, Southwest Airlines



"This book chronicles a real life story of a remarkable woman struck by heart disease and the resultant rally of her human spirit that led to a restoration of her health."

- Dr. Clyde Yancy, American Heart Association National Physician of the Year

LIVE WITH HEART

This book will save your life.

By **MELLANIE TRUE HILLS**

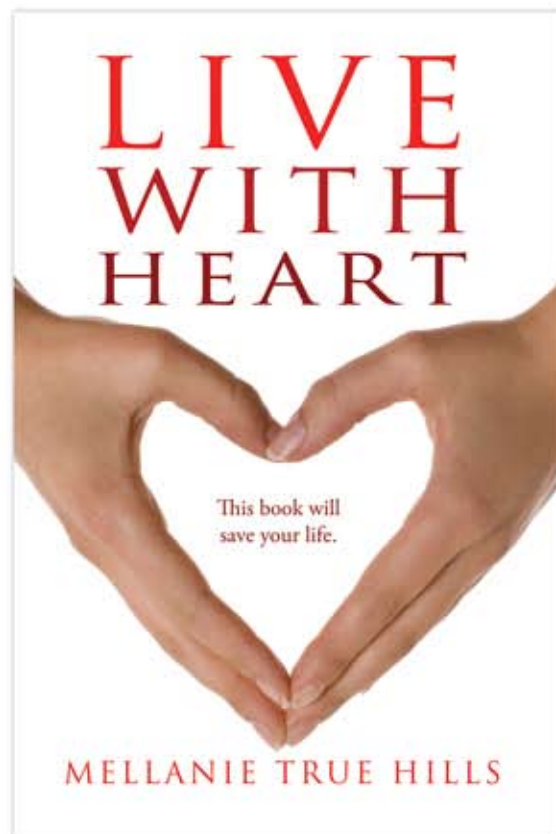
Mellanie True Hills almost died in emergency heart surgery. She didn't even have the traditional heart attack risk factors - she was simply overweight and overstressed, just like many women today. As a high-tech road warrior with an extreme job and an "always-on" lifestyle, she almost died from stress. Shockingly, more than half of all executives will die from stress-related illnesses. Many women are headed for this same train wreck, but the secrets that saved Mellanie could save them, too. Live With Heart empowers women to take control of their life and health.

ABOUT THE AUTHOR

Following a brush with death in emergency heart surgery as well as a near-stroke from a frightening irregular heartbeat in the same year, MELLANIE TRUE HILLS pledged to use her second chance to help others avoid the #1 and #3 killers, heart disease and stroke. As an expert on women's health, founder of the non-profit organization Stop Afib, and the CEO of the American Foundation for Women's Health, she raises awareness of heart disease and stroke with her inspirational and motivational keynotes. Audiences say "She saved my life."

MARKETING CAMPAIGN

- Library & Bookstore Mailings
- National Tour - book signings and readings
- Speaking Engagements - Keynotes, Presentations, and Workshops
- Non-Profit/Academic Workshops & Invited Lectures



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